**Benefits of Reading**

Books really are your best friends as you can rely on them when you are bored, upset, depressed, lonely or annoyed. They will accompany you anytime you want them and enhance your mood. They share with you information and knowledge any time you need. Good books always guide you to the correct path in life.

🖎**Self Improvement:** Reading helps you develop positive thinking.

🖎**Communication Skills:** Reading improves your vocabulary and develops your communication skills.

🖎**Increases Knowledge:** Books enable you to have a glimpse into cultures, traditions, arts, history, geography, health, psychology and several other subjects and aspects of life.

🖎**Reduces Stress:** Reading a good book takes you in a new world and helps you relieve your day to day stress.

🖎**Great Pleasure:** When I read a book, I read it for pleasure. I just indulge myself in reading and experience a whole new world.